

**Worship@Home 15<sup>th</sup> September 2024**  
**24<sup>th</sup> Sunday in Ordinary Time: with**  
**Revd Dr Samantha Gillard**

**Please read: James Chapter 3: 1-12**

<https://bible.oremus.org/beta>

**Opening Prayer:**

Holy, Creating, Creative God,  
We sing from the depths of our sorrow.  
We sing from the abundance of our joy.  
We sing in voices separate and unique.  
We sing with one voice as your body.  
May the words of our mouths, whether in  
speech or song,  
and the meditations of our hearts, whether in  
prose or poetry,  
be pleasing in your sight.

**Amen!**

— written by Joanna Harader, and posted on the **Spacious**  
Faith blog. <http://spaciousfaith.com/> Reposted on RE: Worship  
<https://re-worship.blogspot.com/2012/05/call-to-worship-prayer-psalm-92.html>

**STF 272 From heaven you came, helpless**  
**babe**

<https://www.youtube.com/watch?v=C4FtZ9XzZag>

From Heaven, you came helpless babe,  
Entered our world, your glory veiled,  
Not to be served but to serve,  
And give Your life that we might live.

*This is our God, The Servant King  
He calls us now to follow Him  
To bring our lives as a daily offering  
Of worship to The Servant King*

There in the garden of tears  
My heavy load he chose to bear;  
His heart with sorrow was torn,  
"Yet not My will but Yours", he said

**Chorus**

Come see His hands and His feet,  
The scars that speak of sacrifice,  
Hands that flung stars into space  
To cruel nails surrendered.

**Chorus**

So let us learn how to serve  
And in our lives enthrone Him,  
Each other's needs to prefer,  
For it is Christ we're serving.

**Chorus**

By Brian Doerksen Words & Music © 2005 Thankyou Music & Integrity  
Music. Admin by worshiptogether.com  
CCL:1 Song Number: 4662491

**Time to Reflect**

In my experience cooking is more than following a recipe, it's an art that develops over time with experience and nurturing. I recently was taught how to prepare and cook a biriyani, the Mauritian way. Over the week I went to many places in Northampton to find the different spices and learnt the recipe. When I was making the dish, I came to appreciate the importance of a key ingredient, love. What has love got to do with cooking biriyani you may ask, it's taking time to understand how each of the spices work together, how too much of one can affect the whole dish and ultimate enjoyment of this ancient dish. Eating is such a social activity, through which we can communicate hospitality and welcome, however welcome is dependant not only on the food we eat but on the words we communicate.

How we communicate with each other is at the heart our reading today in James chapter 3 verses 1-12; words can either build up or tear down people. When I was growing up, I was told "Sticks and stones will break your bones, but words will never hurt you", however I think we would all agree that this statement is not true. That in fact the opposite is true; words have power, can't be taken back and can affect us deeply. I suspect it will come as no surprise to us all that James uses vivid, direct language to encourage us to tame our tongues as Christians. In verse four he talks about ships and their rudder, 'Although they are so large and are driven by strong winds, they are steered by a very small rudder wherever the pilot wants to go.' A rudder is only a fraction of the size of the ship, like our tongues are in relation to our bodies, the size however is not the issue but how we use and control them is.

Take a moment now to reflect on a time when the impact of a conversation you have experienced has been like a spark that has ignited a fire and that continues to burn for such a long time.

Could creating space to think about how to respond have changed anything?

Taking time for me to understand how the spices worked together enabled me to create the biriyani. Making space to reflect on how to respond is so often a struggle because of emotions that are being triggered. However, words being said in haste are often regretted.

Now I suspect nothing I am saying is new to you, in relation to the power of words and the lasting impact of them. Reflecting on James's advice on taming the tongue and Jesus' teachings about love in Matthew chapter 22: 37-39, 'Love the Lord your God with all your heart ...love your neighbour as yourself'. We live in a world where pressure is on us to respond quickly and therefore maybe taming our tongues to reflect God's love to those around starts by creating space before we respond. Space that is prayer filled, and rooted in God's love, so that taming our tongues is less about the words and more about our relationship with God. Your prayer today could be to spend time with God to refresh your spirit and then to seek God how in the coming week you may have opportunities to speak life giving words to someone and to show God's love to someone you are struggling with by the way you communicate with them. Amen

### Prayer of Intercession

You are invited to pray silently for:  
The needs of the world...  
The Church and its calling...  
Loved ones going through difficult times...  
For peace, justice, and reconciliation...  
In Jesus name. **Amen.**

### The Lord's Prayer

Our Father, who art in heaven...

### StF 519 Father I place into your hands the things I cannot do

<https://www.youtube.com/watch?v=6T8759Wdg3U>

Father, I place into Your hands  
The things I cannot do,  
Father, I place into Your hands  
The times that I've been through.  
Father, I place into Your hands

The way that I should go,  
For I know I always can trust You.

Father, I place into Your hands  
My friends and family.  
Father, I place into Your hands  
The things that trouble me.  
Father, I place into Your hands  
The person I would be,  
For I know I always can trust You.

Father, we love to seek Your face,  
We love to hear Your voice.  
Father, we love to sing Your praise  
And in Your name rejoice.  
Father, we love to walk with You  
And in your presence rest,  
For we know we always can trust You.

Father, I want to be with you  
And do the things You do.  
Father, I want to speak the words  
That you are speaking too.  
Father, I want to love the ones  
That you will draw to you,  
For I know that I am one with you.

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CCLI Song Number: 121074

### Final Prayer: Psalm 16

O God our protector,  
we trust in you for safety,  
we depend on you for all we need;  
all good things come from you—  
we commit our future into your hands:  
**Guide us by day and teach us by night,  
be near us so that nothing can shake us,  
make us always aware of your presence,  
show us the path that leads to life,  
let your Spirit fill us with joy,  
and let your service be our delight for ever.  
Amen.**

~ written by Michael Perry. Posted on the **Jubilate Hymns** website. <http://www.jubilate.co.uk/s/WorshipWays> website. Reposted on <https://re-worship.blogspot.com/2012/11/prayer-for-guidance-psalm-16.html>