

**Worship@Home 31<sup>st</sup> May 2026**  
**Trinity Sunday**  
**Led by Revd David Speirs**

**Opening Prayer:**

Holy God; Father, Son, and Holy Spirit,  
We gather in your presence today exactly  
as we are, bringing both our worship and our  
honest doubts. Meet us in our ordinary spaces  
and draw us into your divine life. By your Holy  
Spirit, open our hearts to your Word, anchor  
us in your love, and prepare us to respond to  
your call with faithful availability. **Amen.**

**StF 21 Born in song!**

[https://youtu.be/6VLLghU0\\_5I?si=auofVB93rjxQLAgB](https://youtu.be/6VLLghU0_5I?si=auofVB93rjxQLAgB)

Born in song!  
God's people have always been singing.  
Born in song!  
Hearts and voices raised.  
So today we worship together;  
God alone is worthy to be praised.

Praise to God!  
For he is the one who has made us.  
Praise to God!  
We his image bear.  
Heaven and earth are full of his glory;  
let creation praise him everywhere.

Christ is King!  
He left all the glory of heaven.  
Christ is King!  
Born to share in our pain;  
crucified, for sinners atoning,  
risen, exalted, soon to come again.

Sing the song!  
God's Spirit is poured out among us.  
Sing the song!  
He has made us anew.  
Every member part of the Body;  
given his power, his will to seek and do.

Tell the world!  
All power to Jesus is given.  
Tell the world!  
He is with us always.  
Spread the word, that all may receive him;  
every tongue confess and sing his praise.

Brian Hoare (b.1935)  
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CCLI Song Number: 4191371

**Please read:**

**Matthew 28:16-20**

<https://bible.oremus.org/?ql=264139199>

**Time to Reflect.**

There are moments in scripture that represent a threshold between what has been and what is yet to come. Matthew 28:16–20 is one of those moments. The disciples gather on a mountain in Galilee, still carrying the weight of confusion, grief, astonishment, and hope after the resurrection. They come simply because Jesus asked. They worship, yet some continue to doubt. Even with the risen Christ standing before them, his closest friends feel hesitant and overwhelmed. Yet, Jesus does not rebuke or replace them: He sends them.

This passage offers profound truths that may encourage us. First, Jesus entrusts his mission to flawed disciples. The Church is built not on flawless faith, but on faithful availability. They show up, and Jesus meets them. Second, Jesus roots the Church's mission in the very life of God—the *Missio Dei*. He commands them to go and make disciples of all nations, baptising them in the name of the Father, Son, and Holy Spirit. In so doing, he draws us into the eternal communion and activity of the Triune God.

Trinity Sunday can be a tempting time to explore abstract analogies concerning the trinity. Yet Matthew offers something far more grounded for us. The Trinity is not a puzzle to be solved, but rather a life to enter into. Mission is not a chore we perform for God; it is an experience that we share with Him. Before the disciples are sent, they are anchored in this reality. Jesus declares that all authority in heaven and earth is his; an authority not built on domination, but love; the authority of the one who washed feet, welcomed little children, healed the broken, and carried the cross.

Sharing our faith can feel like a very challenging thing to do. We can worry about saying the wrong thing or feel that the modern world has changed so much that we no longer

know how to speak into it. However, Jesus reminds us that mission is not about our own eloquence or success; it is about his authority and his promise as he tells his disciples: "I am with you always." It is through the Holy Spirit that we receive this presence into our lives; in uncertainty, doubt, and the small acts and ordinary rhythms of discipleship. Furthermore it is the Holy Spirit that encourages us in our faith and enables us to share it with others.

If you are worshipping at home today, you might feel physically distant from your church community. You may carry worries about health, family, or the future of the Church. But Christ's presence is not confined to buildings or Sunday mornings. He is with you now; in your living room, kitchen, or quiet place of prayer. The disciples were sent to "all nations" but mission always begins exactly where we are. It lives in the relationships we already have and the conversations we already hold. It is found in the quiet courage of daily life. Sometimes it looks like boldness, sometimes gentleness; sometimes speaking, and sometimes listening. But always, it looks like Jesus in its loving way.

Jesus does not send the disciples out as isolated individuals. The Great Commission is given to a community of disciples and not an individual. As Methodists, this resonates deeply with our concept of connexionalism and John Wesley's insistence that "there is no holiness but social holiness." Though geographically scattered today, we are spiritually gathered as the Body of Christ through the power of the Holy Spirit. This passage invites us to trust again, to bring our honest doubts to God, and to look for his call in the quiet elements of daily life. It encourages us to rest in the promise that we do not carry the weight of the world on our shoulders; Christ does this for us.

As you worship today, may you know the presence of the risen Christ beside you, the love of the Father surrounding you, and the power of the Holy Spirit within you. Amen.

### **Prayer of Intercession**

You are invited to pray silently for:  
The needs of the world...  
The Church and its calling...

Loved ones going through difficult times...  
For peace, justice, and reconciliation...  
In Jesus' name we pray. Amen.

### **The Lord's Prayer**

Our Father, who art in heaven...

### **StF 404 God's Spirit is in my heart**

<https://youtu.be/9VTQvYG-bl4?si=Uidu7ZU4W-lZNgAi>

God's spirit is in my heart;  
he has called me and set me apart.  
This is what I have to do,  
what I have to do:

*He sent me to give the good news to the poor,  
tell prisoners that they are prisoners no more,  
tell blind people that they can see,  
and set the down-trodden free,  
and go tell everyone  
the news that the kingdom of God has come;  
and go tell everyone  
the news that God's kingdom has come.*

Just as the Father sent me,  
so I'm sending you out to be  
my witness throughout the world  
the whole of the world:

Don't carry a load in your pack;  
you don't need two shirts on your back;  
God's workers can earn their own keep  
can earn their own keep:

Don't worry what you have to say;  
don't worry, because on that day  
God's spirit will speak in your heart  
will speak in your heart:

### **Final Prayer**

Loving God, send us from this worship to live your good news exactly where we are; in our homes, our relationships, and our daily conversations. Give us the quiet courage to share your love with boldness and gentleness. Though we are in many places, keep us united in your Spirit. May the grace of Christ guide us, the love of the Father surround us, and the power of the Holy Spirit sustain us, knowing you are with us always, to the very end of the age. **Amen.**

Alan T. Dale (1902–1979), Hubert Richards (b. 1921). © 1982 Kevin Mayhew Ltd. CCLI Song Number: 4692612